

Measuring Instructions

FoamSleeve™ - LE

- 1a. **TH** - Measure *length* from the **lateral** malleolus (**outer ankle bone**) to **lateral** aspect **Gluteal Fold**.
Record in the corresponding **box H**.
- 1b. **BK** - Measure *length* from the **lateral** malleolus (**outer ankle bone**) to **Bottom of Patella**.
Record in the corresponding **box G**.
2. Measure *circumferences* where indicated by the black dots; BK & TH from the **lateral** malleolus (**Outer Ankle Bone**) - **A, B, C**; TH from the **lateral** malleolus (**outer ankle bone**) - **A, B, C, D, E, F**.
Record in the corresponding **lines (Right/Left)**.

**Digital photos are required when irregular shapes are present*

FoamSleeve™ - TH (all measurements in cm)								
Measuring Point	Small	Small MAX	Medium	Medium MAX	Large	Large MAX	X-Large	
F	23cm	48-58	56-66	56-66	64-74	64-74	74-84	74-84
E	15cm	43-53	51-61	51-61	58-68	58-68	69-79	69-79
D	5cm	38-48	46-56	46-56	53-63	53-63	64-74	64-74
∅ Point - Top of Patella								
C	25cm	29-39		34-44		39-49		48-58
B	15cm	24-34		29-39		33-43		41-51
A	5cm	20-29		21-30		25-36		32-42
∅ Point - Lateral Malleolus								

TH - Length Sizes (cm) (Ankle to Gluteal Fold - INSEAM)			
Measuring Point	Short	Regular	Tall
H	61 - 71	71 - 81	81 - 91

FoamSleeve™ - BK Only

FoamSleeve™ - BK (all measurements in cm)						
Measuring Point	Small	Medium	Large	X-Large	XX-Large	
C	25cm	29-39	34-44	39-49	48-58	55-65
B	15cm	24-34	29-39	33-43	41-51	44-55
A	5cm	20-29	21-30	25-36	32-42	33-43

BK - Length Sizes (cm) (Outer Ankle to Bottom of Patella - INSEAM)		
Measuring Point	Regular	Tall
G	28 - 36	> 36

FoamFoot™ sizing chart and measuring instructions: p. 33 - 34